

<b>2024/25 Junior Weeknight Training Timetable</b>		
<b>Day</b>	<b>Age Group</b>	<b>Time</b>
<b>Monday</b>	Mixed U8	18:00 - 19:00
	GU10 & GU10 GKs	18:00 - 19:30
	U12 Extra Technical sessions*	19:00 - 20:30
	U14 Top Hockey*	18:00 - 19:30
	* additional fee applies	
<b>Tuesday</b>	BU16	18:00 - 19:30
	GU16 Performance (Pioneers, Explorers, Voyagers, Calypsos)	18:00 - 19:30
	Junior Goal Keeper Academy (U12 - U18)	18:00 - 19:30
<b>Wednesday</b>	BU14	18:00 - 19:30
	GU16 (Rangers, Rovers, Comets, Mariners, Geminis)	18:00 - 19:30
	BU18	18:00 - 19:30
	GU18	19:30 - 21:00
<b>Thursday</b>	GU14	18:00 - 19:30
<b>Friday</b>	Mixed U8	17:30 - 18:30
	BU10 & BU10 GKs	18:00 - 19:30
	GU12 Yellow Pool	18:00 - 19:30
	BU12 Yellow Pool	18:00 - 19:30
	GU12 Red Pool & GU12 League	19:30 - 21:00
	BU12 Red Pool	19:30 - 21:00
<b>2024/25 Junior Sunday Timetable</b>		
<b>Age Group</b>	<b>Time</b>	<b>Warm up / Team Talk arrival time</b>
Mixed U8	08:30 - 09:30	08:15
BU10 Game Time	08:30 - 09:45	08:15
GU10 Game Time	09:45 - 11:00	09:15
GU12 Game Time (Yellow pool)	11:00 - 12:30	10:30
BU12 Game Time (Yellow pool)	11:00 - 12:30	10:30
GU12 Game Time (Red pool)	12:30 - 14:00	12:00
<b>All others play home &amp; away matches at various times.</b>		