

Surbiton Hockey Club

SAFETY CHECK GUIDELINES



General

- **Have the following available at all times**
 - Your Coaches or Managers Pack (as appropriate),
 - An adequate First Aid Kit including clean water and an ice pack,
 - The latest membership list with contact phone numbers and medical information,
 - Access to a phone and/or the location of the nearest land line and A&E Department.

Pre-session/match checks

- **Playing/training area**

Check that the area and surroundings are safe and free from obstacles.

- **Equipment**

Check that it is fit and sound for activity and suitable for age group/ability.

- **Performers**

Check that the attendance register is up to date with medical information and contact details. Check that performers are appropriately attired for the activity.

- **Emergency points**

Check that emergency vehicles can access facilities, and that a working telephone is available with access to emergency numbers.