



Junior Training Timetable 2026/27

DAY	AGE GROUP	TIME
MON	Mixed U8	18:00 - 19:00
	Girls U10	18:00 - 19:30
	U14 Additional Sessions	18:00 - 19:30
	Mixed U18	19:00 - 20:30
	Boys Performance	20.00 - 21.30
TUES	Boys U14 (T2/3)	18:00 - 19:30
	Girls U16 (T1)	18:00 - 19:30
	Boys U16	18:00 - 19:30
	All Junior Goalkeepers	18:00 - 19:30
WEDS	U12 Additional Sessions	18:00 - 19:30
	Boys U14 (T1)	18:00 - 19:30
	Girls U14 (T3)	18:00 - 19:30
	Girls U16 (T2)	18:00 - 19:30
	Girls U16 (T3)	18:00 - 19:30

THURS	Girls U12 Red & Yellow	18:00 - 19:30
	Girls U14 (T1)	18:00 - 19:30
	Girls U14 (T2)	18:30 - 20:00
	Girls Performance Session	19:30 - 21:00
	U16/U18 Additional Sessions	19:30 - 20:30
FRI	Mixed U8	17:30 - 18:30
	Boys U10	18:00 - 19:30
	Boys U12	18:30 - 20:00
	Girls U12 (League)	18:30 - 20:00
SUN	Mixed U8 GameTime	08:30 - 09:30
	Girls U10 GameTime	09:30 - 11:00
	Girls U12 Yellow & Red	11:00 - 12:30
	Boys U10 GameTime	12:30 - 14:00
	Boys U12 Yellow	12:30 - 14:00

Please note the **Sunday Schedule for fixtures** and other games is subject to change each week and will be published on [this page](#) by the Thursday evening beforehand.

This link can also be accessed through the Junior Newsletter each week.