# **Surbiton Hockey Club Juniors**



# **SAFETY CHECK GUIDELINES**

## **General**

- · Have the following available at all times
  - Your Coaches or Managers Pack (as appropriate),
  - An adequate First Aid Kit including clean water and an ice pack,
  - The latest membership list with contact phone numbers and medical information,
  - Access to a phone and/or the location of the nearest land line and A&E Department.

#### Pre-session/match checks

#### Playing/training area

Check that the area and surroundings are safe and free from obstacles.

### • Equipment

Check that it is fit and sound for activity and suitable for age group/ability.

#### Performers

Check that the attendance register is up to date with medical information and contact details. Check that performers are appropriately attired for the activity.

#### Emergency points

Check that emergency vehicles can access facilities, and that a working telephone is available with access to emergency numbers.

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