SHC Junior Membership Categories

Please visit <u>this page</u> of the club website to view fees for all membership categories

Annual fees are due by 1 September except for additional supplements which are due by 31 December.

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MIXED UNDER 8

- School years 1-3
- Children may choose a once weekly or twice weekly membership option
- If choosing twice weekly, choose a weeknight and Sunday
- Sunday sessions focus predominantly on skill and technical instruction
- Weeknight sessions focus more on game play

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UNDER 10 BOYS & GIRLS

- School years 4 & 5
- Attend a weeknight and a Sunday session
- Weeknights focus on skill and technical instruction with Sundays being dedicated Game Time to which other clubs are invited.

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UNDER 12 BOYS & GIRLS

- School years 6 & 7
- Attend a weeknight session and Sunday Game Time
- Players begin to be streamed according to ability and are divided into League, Red and Yellow pools.
- League players tend to be the strongest and usually play in U14 leagues
- Red pool includes the older and more advanced players, with yellow pool the younger and less advanced players.

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UNDER 14 BOYS & GIRLS

U14 Boys & Girls Standard Membership

- School years 8 & 9
- Attend a weeknight session and play matches every Sunday either home or away at various times.

U14 "Top Hockey" Programme (additional fee applies)

- A programme aiming to enrich player's hockey development and provide a more holistic athlete experience.
- It is compulsory for the top two girls and boys teams in this age group however, there are limited places available to any other players who would like to take advantage of this opportunity.
- Players attend an extra session each week that alternates between an on-pitch session and an off-pitch session.

Top Hockey Programme specifics

- 12 on-pitch technical sessions covering the four essential of being a top hockey player
 - First Touch
 - Hitting (forehand and backhand)
 - PCA Skills
 - Goal Scoring
- > Alternating off-pitch sessions covering
 - Tactical understanding
 - Video analysis
 - Coachability
 - Injury management
 - Nutrition
 - Performing under pressure
 - Time and load management
 - Leadership
 - Umpiring
 - Strength and Conditioning

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UNDER 16 BOYS & GIRLS

U16 Boys & Girls Standard Membership

- School years 10 & 11
- Attend a weeknight training session and home / away matches on Sundays

U16 Performance Programme (additional fee applies)

- Applies to players in the standard U16 membership category who are also part of the high performance adult teams (Men's and Women's 1-3).
- These players also attend weeknight adult team training sessions and play matches for those teams
- The additional fee does not apply to fully paid up members of the Talent Academy

UNDER 18 BOYS & GIRLS

Encompasses three membership categories

Standard U18 membership

- Players attend a weeknight U18 training session and are also able to attend additional adult training sessions with non-performance adult teams.
- Eligible to play U18 and adult team matches on weekends

Affiliate U18 membership

- These players are eligible to play weekend U18 matches.
- Applies to players who are unable to train during the week or may be enrolled in adult teams at other clubs but are still eligible to play U18 matches for Surbiton HC.

U18 Performance Programme (additional fee applies)

- Applies to players in the Standard U18 membership category who are part of the high performance adult teams (Men's and Women's 1-3).
- These players also attend weeknight adult team training sessions and play matches for those teams
- The additional fee does not apply to fully paid up members of the Talent Academy