

U14 TOP HOCKEY PROGRAMME 2023/24		
	Boys	Girls
8/1/24	Physiotherapy in clubhouse 19:30 - 18:30	Pitch session
15/1/24	Pitch session	Physiotherapy in clubhouse 19:30 - 18:30
22/1/24	Tactical session in clubhouse 19:30 - 20:30	Pitch session
29/1/24	Pitch session	Nutrition 18:30 - 19:30 venue TBC
5/2/24	Leadership & Coachability in clubhouse 19:30 - 20:30	Pitch session
12/2/24	Half Term	
19/2/24	Pitch session	Periods in Sport in clubhouse 18:30 - 19:30 <i>* all girls to attend - those in boys group should then go to the last hour of pitch session</i>
26/2/24	Tactical in clubhouse 19:30 - 20:30	Pitch session
4/3/24	Pitch session	Insight into the Senior International Environment online 19:30 -20:30
11/3/24	Scalable Talent in clubhouse 18:30 -19:30	Pitch session
18/3/24	Pitch session	Scalable Talent in clubhouse 18:30 -19:30
25/3/24	Insight into the Senior International Environment in clubhouse 19:30 -20:30	Pitch session
END		